

Σύντομο Βιογραφικό Σημείωμα

Μάιος 2021



Όνομα: Βασιλική Κωσταρέλλη

Η Βασιλική Κωσταρέλλη είναι Αναπληρώτρια Καθηγήτρια στη Διατροφική Συμπεριφορά και Υγεία, του Τμήματος Οικονομίας & Βιώσιμης Ανάπτυξης, του Χαροκοπείου Πανεπιστημίου και μέλος του Εργαστηρίου Ανθρωποοικολογίας του ιδίου Τμήματος. Είναι διαιτολόγος και κάτοχος Μαστέρ και Διδακτορικού Διπλώματος του Πανεπιστήμιου King's College του Λονδίνου. Η Κωσταρέλλη διετέλεσε Λέκτορας στη Διατροφή, Υγεία και Άσκηση στο Τμήμα Επιστημών Υγείας του Πανεπιστημίου Trinity Leeds University, για έναν χρόνο, και στο Τμήμα Εφαρμοσμένων Επιστημών του Πανεπιστήμιου London South Bank για 7 χρόνια (περίοδος: 1998- 2005). Τα ερευνητικά της ενδιαφέροντα επικεντρώνονται στη διατροφική συμπεριφορά του ανθρώπου και στους παράγοντες πουν την επηρεάζουν, στην παιδική παχυσαρκία, στην εγγραμματοσύνη της υγείας και στη διατροφή και τον καρκίνο. Είναι συγγραφέας 60 άρθρων σε επιστημονικά περιοδικά του εξωτερικού με κριτές, και έχει πολυάριθμες άλλες δημοσιεύσεις αλλά και ετεροαναφορές. Είναι κριτής σε τουλάχιστον 25 διεθνή επιστημονικά περιοδικά και έχει συμμετάσχει σε 8 χρηματοδοτούμενα ερευνητικά προγράμματα που αφορούν κυρίως τη διερεύνηση της διατροφικής συμπεριφοράς και των παραγόντων που την καθορίζουν στην παιδική και εφηβική ηλικία, αλλά και τη βιώσιμη διατροφή.

Πρόσφατες επιλεγμένες δημοσιεύσεις:

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